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Open My Heart
90 Count, 2 Wall, Intermediate
Choreographer: Maria Maag (DK) Mar 2017
Choreographed to: Anywhere But here by Christina Aguilera (Finding Neverland)

Track: $3: 40 \mathrm{~m}$
Phrasing: 90, 84, 90, 84, 60, 82
***3 Restarts:
On wall 2 after 84 counts ( facing 12:00 ), step fw. R (1)
On wall 4 after 84 counts ( facing 12:00 ), step fw. R (1)
On wall 5 after 60 counts ( facing 6:00 ), step fw. R (1)
Intro: 12 counts from first beat.
Ending: On wall 6 after 81 counts ( facing 12:00) step fw. L, drag R next to L(82) .... The End
Note: Thank you so much Niels Poulsen for your Inspiration and help with a few steps. Much appreciated.

| Section 1 | Step fw. $R$, $1 / 2$ turn $R$, cross $L$ over $R$ point $R$ to $R$ diagonal |
| :---: | :---: |
| 1-2-3 | Step fw. R (1), step fw. L (2), turn ½ R stepping fw. R (3) 06:00 |
| 4-5-6 | Cross slightly L over R (4), point R diagonally fw. R (5), hold (6) 07:30 |
| Section 2 | Step back R, rock $L$, recover $R$, step L fw. Figure 4 3/8 turn L |
| 1-2-3 | Step R back L (1), rock L to L side (2), recover R (3) 07:30 |
| 4-5-6 | Step fw. $L$ (4), turn 3/8 L on $L$ as you bend $L$ knee and R foot goes to $L$ shin (5), hold (6) 03:00 |
| $\begin{aligned} & \text { Section } 3 \\ & 1-2-3 \end{aligned}$ | Weave $L$, step $L$ to $L$ slide $R$ next to $L$ as you move your upper body and arms towards $L$ Cross $R$ over $L$ (1), step $L$ to $L$ side (2), cross $R$ behind $L$ (3) 03:00 |
| 4-5-6 | Take a big step $L$ (4), slide $R$ next to $L$ as you move your upper body and arms towards $L$ (5), hold (6) 03:00 |
| Section 4 |  |
| 1-2-3 | Step $R$ to $R(1)$, step $L$ next to $R(2)$, Turn $1 / 4 \mathrm{R}$ stepping fw. $R(3)$ 06:00 |
| 4-5-6 | Turn $1 / 2 R$ on $R$ stepping back $L$ and sweep $R$ from front to back (4), continue sweeping $R(5-6) \quad$ 12:00 |
| Section 5 | Behind, 1/8 L, step fw R, slowly rock fw. L |
| 1-2-3 | Cross $R$ behind $L$ (1), turn 1/8 L step L to L (2), step fw. R (3) 10:30 |
| 4-5-6 | Slowly Rock fw. L reach $R$ arm fw. open hand and palm facing down (4-5), hold (weights $L$ arm is fw.)(6) 10:30 |
| Section 6 | Recover R, step back L, turn $1 / 4 \mathrm{R}$ stepping fw. $R$, lunge $L$ fw. prep and reach $R$ arm fw. |
| 1-2-3 | Step back $R$ and bend $R$ elbow and pull $R$ arm back and close your hand (1), step back $L$ (2), turn $1 / 4$ R stepping fw. R (3) 01:30 |
| 4-5-6 | Step $f w$. $L$ and lunge $f w$. as you rotate your upper body $L$ and reach $f w$. With your $R$ arm (4-5-6) (weight ends on L) 01:30 |
| Section 7 | Recover R, step back L turn $1 / 2 \mathrm{R}$ on $\mathbf{L}$ stepping fw. $\mathbf{R}$, step fw. L slowly kick $\mathbf{R}$ fw. |
| 1-2-3 | Recover back R (1), step back L (2), turn $1 / 2 \mathrm{R}$ on L stepping fw. R (3) 07:30 |
| 4-5-6 | Step fw. L (4), hitch R knee (5), stretch R leg (6) 07:30 |
| Section 8 | Step back R turn 1/8 R and Lunge R, recover $1 / 4 \mathrm{~L}$ sliding $\mathbf{R}$ next to $L$ |
| 1-2-3 | Step back $R$ (1), turn 1/8 $R$ on $R$ as you move your upper body and arms $R(2)$, hold with $R$ leg bent and $L$ leg streched (3) 09:00 |
| 4-5-6 | Turn $1 / 4$ L stepping fw. L (4), slide R next to L (5-6) Styling: your body is slowly turning towards L diagonal 06:00 |
| Section 9 | Twinkle R, twinkle L |
| 1-2-3 | Step R diagonally fw. L (1), step fw. L (2), step R diagonally fw. R (3) 06:00 |
| 4-5-6 | Step L diagonally fw. $R$ (4), step fw. R (5), step L diagonally fw. L (6) 06:00 |
| Section 10 | Cross full unwind $L$, sweep $R$ |
| 1-2-3 | Cross R over L (1), make a full unwind L on $R$ (2-3) 06:00 |
| 4-5-6 | Step down L (4), sweep R fw. (5-6) |

1-2-3
4-5-6

1-2-3
4-5-6

1-2-3
4-5-6

1-2-3
4-5-6

Section $5 \quad$ Behind, $1 / 8 \mathrm{~L}$, step fw R, slowly rock fw. L
1-2-3
4-5-6

## ection 6

 1-2-34-5-6 Step fw. $L$ and lunge fw. as you rotate your upper body $L$ and reach fw. With your $R$ arm (4-5-6) (weight ends on L) 01:30

Section $7 \quad$ Recover R, step back L turn $1 / 2 R$ on $L$ stepping fw. $R$, step fw. L slowly kick $R$ fw.
1-2-3
Recover back R (1) step back L (2), turn $1 / 2 R$ on stepping fw. R (3)
(6) $07: 30$

Section 8
1-2-3
4-5-6

Section 9
1-2-3
Step L diagonally fw. R (4), step fw. R
06:00

## Restart wall 5 06:00

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Section }11\mathrm{ Jazz 1/2 turn R, basic fw. L
1-2-3 Cross R over L (1), turn 1/4 R stepping back L (2) turn 1/4 R stepping fw. R (3) 12:00
4-5-6 Step fw. L (4), step R next to L (5), step L next to R (6) ( Option : Full triple turn L ) 12:00
Section 12 Twinkle R, Twinkle L
1-2-3
4-5-6
Section 13 Cross full unwind L, sweep R
1-2-3 Cross R over L (1), make a full unwind L on R (2-3) 12:00
4-5-6 Step down L (4), sweep R fw. (5-6) 12:00
Section }14\mathrm{ Jazz 1/2 R, basic fw. L
1-2-3
4-5-6 Step fw. L (4), step R next to L (5), step L next to R (6)
Option: Full triple turn L
Restart wall 2&4 06:00
Section 15 Step fw. R with kick fw. L, step back L hook R in front of L
1-2-3
    Step fw. R (1), kick L fw. (2-3) 06:00
4-5-6
    Step back L (4), hook R in front of L (5-6)
        06:00
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